

SEPTEMBER 30TH
ORANGE
SHIRT DAY



WHAT IS ORANGE SHIRT DAY?

Orange Shirt Day grew out of Phyllis Webstad's account of losing her new orange shirt on her first day at residential school. We wear orange to honour the children who survived the Residential School system, and remember those who didn't.

For more information on Orange Shirt Day: whyiwearorange.ca

WHAT CAN I DO?

1 Wear Orange

We encourage you to wear orange not only on September 30th, but on any day of the year. It can be any orange clothing or accessories, not just a shirt! Use any time you're wearing orange to raise awareness, and start a conversation about the history of residential schools.

2 Educate yourself & others

This may include reading books, watching videos, or signing up for an Indigenous Cultural Diversity Training session with First Light (firstlightnl.ca/training). We have created a list of [books for children & youth](#) and another with [books for adults](#) to get started with.

We recommend taking a trip to your local [library](#), or to [Chapters](#) - they both have sections full of Indigenous voices, including books specifically about residential schools, and beyond.

3 Read the TRC Calls to Action

Another way to learn more about what you can do as an individual or an organization is to read the [Truth & Reconciliation Commission's 94 Calls to Action](#). See which ones you are currently acting on, those you can work towards, and ones you can call on others to do.

4 Make a Donation

Donations received by First Light will go towards the development of a Residential School memorial garden at 40 Quidi Vidi Road. Donations can be made online [here](#), or by scanning the following QR code.



5 Use your platform

Use your platform - whether it's at work, at home, or on social media - to educate others about the residential school system & Orange Shirt Day.

We recommend using part of your day to respect the land and head out for a walk with your friends & family. Use this time to start a conversation about Orange Shirt Day & what it means. Share your stories, photos, and what you're learning by using [#OrangeShirtDayNL](#). Some social media templates can be found [here](#) to use to educate & share with others.