

WHAT CAN I DO TO CELEBRATE? NATIONAL INDIGENOUS PEOPLES DAY



Wondering how you can celebrate this National Indigenous Peoples day?
Want to celebrate at your office, school, or home, but aren't sure how?
Below are some simple ways you can celebrate with your coworkers, friends & family!

- 1 Attend First Light's NIPD events**
A copy of our event schedule can be found at firstlightnl.ca/NIPD, with both virtual & in-person options. Registration is required for some events, and more information and updates can be found on our Facebook page. If possible, let employees off early to attend an event, or attend one as a part of a team meeting!
- 2 Recognize the land you're on**
Head over to firstlightnl.ca/resources to find our resource on land acknowledgments - including what they are, how they're used, and a recommended acknowledgment for St. John's. If you don't know who's territory you're on, this is a great time to do some reading and gain an understanding.
- 3 Learn about the Indigenous cultures in NL**
We've provided a list of resources to help guide you, your office, and/or your friends in understanding & respecting Indigenous cultures. Check it out at firstlightnl.ca/NIPD!
- 4 Register for a Cultural Diversity Training**
We recommend following up any self-guided learning with one of our Indigenous Cultural Diversity Training sessions. We have several options, and offer sessions for groups of all sizes - both in-person and virtual. Head over to firstlightnl.ca/training for more information & to register yourself or your organization for a session.
- 5 Support Indigenous artists**
Listen to an Indigenous musician or podcast, read a book by an Indigenous author, seek out and/or purchase art by Indigenous artists. Promote the art and who created it!
- 6 Share your celebrations with #NIPDYYT**
We encourage you to not only share what you're doing this NIPD, but also what you're learning! Share the information you're learning, artists you're supporting, books you're reading, music you're listening to, events you're attending - we want to see it all!

