

SEPTEMBER 30TH  
**ORANGE**  
SHIRT DAY



## WHAT IS ORANGE SHIRT DAY?

Orange Shirt Day grew out of Phyllis Webstad's account of losing her shiny new orange shirt on her first day at residential school. We wear orange to honour the children who survived the Indian Residential Schools and remember those that didn't.

**Hear Phyllis's personal story here\***: [youtube.com/watch?v=ll1pUrK29MM&](https://youtube.com/watch?v=ll1pUrK29MM&)

**Hear Phyllis talk about Orange Shirt Day\***: [youtube.com/watch?v=E3vUqr01kAk](https://youtube.com/watch?v=E3vUqr01kAk)

Every Child Matters. We wear orange shirts in recognition of the harm the residential school system did to children's sense of self-esteem and well-being, and as an affirmation of our commitment to ensure that everyone around us matters.

**For more information on Orange Shirt Day**: [orangeshirtday.org](https://orangeshirtday.org)

## WHEN IS ORANGE SHIRT DAY?

Orange Shirt Day happens every year on **September 30th**.

Depending on the day of the week, some schools and businesses choose to celebrate a few days before or after.

## WHAT CAN I DO?

- Wear orange on September 30th - and share them with us using **#OrangeShirtDayNL**
- Read The Orange Shirt Story\* (available at Chapters or as a read-along on Youtube)
- Learn about the history of residential schools
- Talk to your children about what happened, and how every child matters
- Read books\* that educate on residential schools or reconciliation:
  - When I Was 8
  - When We Were Alone
  - Fatty Legs
  - The Secret Path

\* We recommend looking through all resources before introducing them to your children. While stories about residential schools are extremely important, it can be a very difficult topic, and it's important to make sure the videos/stories are appropriate for them. If the resources in this handout aren't suitable, many more resources can be found here: [orangeshirtday.org/resources--supplies.html](https://orangeshirtday.org/resources--supplies.html)