

## What is National Indigenous Peoples Day?

National Indigenous Peoples Day (NIPD), previously called *National Aboriginal Day*, is a day for all Canadians to recognize and celebrate the unique heritage, cultures and contributions of all Indigenous peoples.

## Why June 21st?

**#NIPDYY1** 

firstlightnl.ca/NIPD

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June 21st is the summer solstice, and is the longest day of the year. For many generations, Indigenous peoples have celebrated their culture on or around the summer solstice.

## What can I do to celebrate?

Check out our "DIY" National Indigenous Peoples Day information sheet that outlines several ways you can celebrate.

- Join us during our events, both during this week and all year round!
- Make sure to share your celebrations with us using the hashtag:

