

Wondering how you can celebrate this National Indigenous Peoples day? Below are some simple ways you can celebrate with your coworkers, friends & family!

#### Attend First Light's NIPD events

You can find more info on our events at **firstlightnl.ca/NIPD**, as well as our social media pages.

If possible, let employees off early to attend an event, or attend one as a part of a team meeting!

## Register for a Cultural Diversity Training

We recommend following up any self-guided learning with one of our Indigenous Cultural Diversity Training sessions. We have several options, and offer sessions for groups of all sizes - both in-person and virtual.

Head over to **firstlightnl.ca/training** for more information & to register yourself or your organization for a session.

## Understand & recognize the land you're on

Head over to firstlightnl.ca/resources to find our resource on land acknowledgments, including what they are, how they're used, and a recommended acknowledgment for the St. John's area.

## Support Indigenous artists

Listen to an Indigenous musician or podcast, read a book by an Indigenous author, seek out and/or purchase art by Indigenous artists. Promote the art and who created it!

# Share your celebrations online

Share what you're doing this NIPD! Use **#NIPDYYT** to share what you're learning, artists you're supporting, books you're reading, music you're listening to, events you're attending we want to see it all!

