#### 2017 ANNUAL REPORT





#### St. John's Native Friendship Centre

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SJNativeFriendship 🕥 @SJNFC 😈 @stjohnsnativefriendshipcentre

#### **MESSAGE FROM OUR EXCECUTIVE DIRECTOR**

Over the last 34 years the St. John's Native Friendship Centre has worked to ensure that the urban Indigenous community of St. John's has the support, programs, and services that they need to ensure they can be successful each and every day.

This core belief is the driving factor in the work of the staff and volunteers of the Friendship Centre. The continued support of the community is what continues to help push the growth of the organization and we strive to keep meeting the needs that emerge over time.

As we move forward into the future, my hope is that we can continue to have a strong foundation from which to connect with people in the Indigenous and broader community. It is this connection that truly nourishes the passion of everyone who calls the Friendship Centre home on a daily basis, people who truly make the Friendship Centre somewhere where they can feel supported, safe and comfortable when they need to connect with who they are.

I look forward to helping build a great team that works hard to ensure that they can be themselves, while at the same time contributing to the strong history of an organization that so many people worked to create over the last 34 years to move forward for the next 34.

Again, I want to say thank you to all the community, staff, board and volunteers who continue to put their energy and time into making the St. John's Native Friendship Centre a success.

In Friendship,

eppard

Christopher Sheppard Executive Director

# WHO WE ARE

#### Our Mission

To serve the Aboriginal and broader community through celebration and support of Aboriginal culture and the provision or appropriate programs and services delivered in an atmosphere of trust, respect and friendship.

# Our Staff4Senior<br/>Management3Support<br/>Staff15Program<br/>Staff22Social<br/>EnterpriseOur Board

- John Kennedy, President
- Emma Reelis, Vice-President
- Camille Fouillard
- Kayla LaCosta
- Suzanne Haghighi

- Marguerite MacKenzie, Secretary
- Catharyn Andersen, Treasurer
- Ellen Ford
- Tracy Coish



## 2016-17 HIGHLIGHTS

## #OrangeShirtDayNL



Orange Shirt Day is a day to show commitment to reconciliation, and to support the survivors of the Residential School System in Canada. We participated on September 29th and saw a huge outpouring of support from all over the province. We saw pictures being shared all over social media, and we also saw many requests to become involved in moving towards reconcilation.

#### NAD Week

This year we decided to change things up a little bit, and make a move from our typical one-day celebration of National Aboriginal Day to an entire week of events. Overall, we were able to offer a variety of events, and the week was a huge success! Thank you to all community members who came out and made National Aboriginal Week a success!



#### **Baby Box Distribution**

We were so grateful to become a distributer for Baby Boxes with the Baby Box Company this year. This program has been so successful, and we have seen over 115 parents complete the program and recieve a baby box for their newborns. We are continuing to distribute baby boxes moving forward, and look forward to meeting more and more new parents!

We had 42,260 contacts with community members in 2016-17

Mr. Election



# 2016-17 HIGHLIGHTS

#### In Her Name

The In Her Name vigil is a yearly collaboration between the SJNFC, the St. John's Status of Women Council, the Newfoundland & Labrador Sexual Assault Crisis Prevention Line, and Violence Prevention Avalon East. This year, we changed venues to the Colonial Building in Bannerman Park. This seemed to increase the visibility of the event, and we saw bigger numbers than ever before. We would like to express a huge thank you to all of the families, volunteers, and community members who participated in this event.



#### **Community Medicine Trading Post**



Our community medicine trading post was started this summer as part of a partnership with Conservation Corps NL. Flora, our summer ECHO student, worked hard to complete this project. The trading post allows community members to access traditional medicines, while financially supporting the trading post to make it sustainable. Several of the medicines are grown using a hydroponics system, and we hope to be able to continue supporting the community with the medicines you need!

### **TURTLE ISLAND CHILDCARE CENTRE**

#### YOUTH & FAMILY RESOURCE PROGRAMS

- Family Resource Program
- Breathe Program
- Family Playgroup
- Parent Child Mother Goose
- Baby Box Distribution
- Turtle Island Youth Program
- Cultural Presentations

Our Turtle Island Childcare Centre has been open for a full year! All spaces are currently full, and we are so proud of the work that has gone into this program. The staff of the childcare centre work hard every day to ensure we are providing an atmosphere where children can grow and learn with a sense of belonging and acceptance.

Being the only Indigenous-focused childcare centre in the city of St. John's means that we strive to connect with family, Elders and community members. This allows our children to learn about Indigenous cultures, while growing connected to the community as a whole.

Once again, we are so proud of the past year our childcare centre has been open, and we look forward to the coming years as we continue to grow.





## INTRODUCING: FOUR FIRES CATERING

After launching with a full service kitchen this year, Four Fires Catering has been very busy!

We have been catering on site, off site, and with our community programs. This has involved community members participating in events to contribute to the catering program, such as berry picking, as well as cooking classes within many programs.

We have been involved with many meetings and special events throughout the city, and we're looking forward to being able to continue this service, and expand further in the future!



29 events 110 community collaborations

## ABORIGINAL CULTURAL DIVERSITY TRAINING

Our Aboriginal Cultural Diversity Training program has definitely grown over the last year. We have seen an increased number of organizations reaching out to request the training for their staff, as well as a number of individuals attending our public sessions.

Every attendee and organization that attends our training is learning about the Indigenous groups in our province, and how to better serve them.

#### 465 attendees

27 sessions

#### COMMUNITY PROGRAMS

- Community Culture Circle
- Men's Group
- Men's Drumming
- Cedar Group
- Knitting Group
- Thimbles & Traditions
- Yoga
- Volleyball
- Cultural Support

"I believe this session was amazingly informative and has altered and improved a great deal of my thinking and clinical practice."



## **STAFF ANNIVERSARIES**

We are so grateful to all of our staff here at the St. John's Native Friendship Centre. We want to thank every staff member for ensuring that we are able to offer the best programs and services for our clients. We especially want to acknowledge those staff who have been with us for the 10-year milestonethank you so much for all of your hard work and dedication!

The SJNFC strives to create an environment where staff can thrive and reach their full potential. With more than half of SJNFC employees with three years of service to the community, we pride ourselves in creating a work environment that people want to remain a part of. We would like to take this opportunity to recognize three staff who have committed 10 years of service to the Indigenous community in St. John's. These staff are leaders within the organization, and we are so fortunate to have them as part of the Friendship Centre family.

#### 10 YEAR

Stacey Howse Solomon Semigak Christopher Sheppard









## **FINANCIALS**

Revenue	2017	2016
National Association of Friendship Centres	\$645,000	\$650,007
Canadian Heritage	\$22,600	-
National Aboriginal Day	\$4,000	\$3,400
Shelter - Accommodations	\$590,772	\$608,547
Shelter- Meals	\$65,660	\$82,114
Memberships	\$530	\$908
Fundraising	-	\$1,985
Province of Newfoundland and Labrador	\$162,491	\$62,655
Human Resources Development	\$6,579	-
Parent Fees	\$14,187	-
Craft Sales	\$1,682	\$1,233
Donations	\$20,556	\$9,099
Health Canada	\$179,838	\$160,738
Memorial University	-	\$3,000
Corrections Canada	\$11,140	\$3,929
Eastern Regional Health Authority	\$166,500	\$166,500
Administration and Overhead	\$415,692	\$309,984
Royal Bank	\$39,000	\$43,000
Nunatsiavut Government	\$155,954	\$102,583
Sheshatshiu Innu First Nations	\$2,902	\$2,638
Other Income	\$183,496	\$147,910
Amortization of Deferred Contributions	\$21,685	\$22,951
TOTAL REVENUE	\$2,710,264	\$2,383,181

Expenses	2017	2016
Administration	\$115,613	\$85,441
Advertising	\$15,811	\$1,627
Amortization	\$83,438	\$63,317
Bad Debts	\$2,202	\$10,951
Capital Expenditures	-	-
Donations & Memberships	\$3,299	\$683
Equipment	\$49,410	\$10,025
Heat & Lights	\$15,712	\$20,405
Insurance	\$17,863	\$18,437
Interest & Bank Charges	\$3,027	\$1,019
Interest on Long Term Debt	\$16,542	\$17,114
Miscellaneous	\$632	\$817
Office Supplies	\$15,007	\$13,542
Other Supplies	\$3,115	\$4,107
Overhead	-	-
Professional Fees	\$50,087	\$19,999
Program Supplies	\$104,891	\$41,719
Rent	\$276,153	\$265,579
Repairs & Maintenance	\$47,543	\$29,102
Salaries & Benefits	\$1,404,480	\$1,347,192
Shelter Food & Supplies	\$61,270	\$63,338
Telephone	\$36,517	\$25,901
Training	\$29,049	\$7,994
Travel - Programs	\$181,542	\$155,686
Travel - Board	\$10,425	\$4,588
Vehicle Operating	\$72,409	\$52,846
Water Tax	\$6,127	\$4,516
TOTAL EXPENSES	\$2,622,163	\$2,265,945
EXCESS REVENUE OVER EXPENDITURES	\$88,101	\$117,236



